

**THE AMERICAN COLLEGE OF CHIROPRACTIC CONSULTANTS
and
THE COUNCIL ON FORENSIC SCIENCES***



Present for Re-certification **
2013 Annual Fall Conference



Knowledge and Skill Building for the Chiropractic Expert

October 10, 11, 12, 2013

Oak Brook Hills Marriott Resort Hotel
3500 Midwest Rd., Oak Brook, IL 60523 Phone: 630-850-5555

Thursday Evening October 10, 2013 – For Early Arrivals

- 6:30 to 9:00 p.m. **The Meticulous Analysis and Documentation of the Extended Clinical Case Review**
Presenters: *Daniel Bowerman, DC, John Cerf, DC, Harry Morgan, DC*
Description: Documentation and analysis of large data pools in the case review process can be very challenging for the clinician expert. This presentation will focus on methods for identifying and extracting key information during this process, and using powerful computer software tools within Microsoft Word, Excel, and Access, and Endnotes to assist data collection and analysis, report generation and expert testimony. Each presentation will include a facilitated discussion to discover new ways of using these common computer programs to improve accuracy, quality and productivity.

Friday, October 11, 2013 Main conference Begins

- 7:00 – 8:00 a.m. **Registration and Full Breakfast Buffet Provided to Conference Attendees**
- 8:00 – 10:00 a.m. **Professional Bias: Recognizing and Diminishing Unwanted Effects in Clinical Practice**
Presenter: *Pamela Warren, PhD, Licensed Clinical Psychologist*
Description: Bias has been examined extensively in regard to patient assessment and treatment outcomes. Empirical research has ascertained it has considerable impact on patient treatment outcomes. However, bias can and does occur within the treatment, peer review, and expert witness processes as well. Dr. Warren will discuss the types of biases, as well as the impact across the professional venues, such as treatment guidelines, medical necessity, medical policy, standard of care, and causation analysis. An emphasis on examining specific examples of professional bias will be discussed. In addition, specific techniques and tools for recognizing specific types of bias and how to minimize it will be examined to assist professionals respond confidently to common professional challenges.
- 10:00 – 12:00 p.m. **Answering the 20 Infamous Questions from Third Party Payers**
Presenter: *S. Steven Baker, DC*
Description: Third party payers and attorneys requesting information from reviewers and treating doctors usually have a list of questions to be answered. The goals of this presentation are to provide understanding and context to a third party payer's request for information, and guidance for answering common questions accurately and completely. The discussion will include case documentation strategies to avoid or minimize the need for additional information requests and clarifications for clinical reviewers and treating health care providers.
- 12:00 – 1:00 p.m. **Lunch Provided to Conference Attendees**

Friday, October 11, 2013 (Continued)

- 1:00 – 2:30 p.m. **Acute traumatic, chronic or congenital Spondylolysis**
Presenter: *Clay Hopkins, DC*
Description: In this presentation, the current theory regarding development of spondylolysis will be covered. The five different types of spondylolysis will be discussed. Pertinent lower back physical exam and orthopedic testing will be covered. Imaging with x-ray, MRI (including T1, T2 and fat saturation /STIR protocols) will be discussed. The topic of Modic changes will be reviewed, and bone scan imaging as well as PET scan for spondylolysis will be discussed. A relative case study will be presented in the context of side impact MVA. The occupant subsequently reported low back pain and brief resolving radicular complaints. Medical and chiropractic treatment was provided with persistent low back pain reported for two years. Case documentation will be presented including videotape clips of the orthopedist's IME and deposition where the he testified that the condition was congenital and not related to the collision or trauma. Alternate opinions by an opposing expert will be reviewed.
- 2:30 – 4:30 p.m. **ICD-10 Education and Training**
Presenter: *Betty Hovey, CPC, CPMA, CPC-I, CDERC*
Description: This course will describe the 10th revision of the International Classification of Diseases Clinical Modification (ICD-10-CM) including major changes from the previous version (ICD-9), with a focus on musculoskeletal diagnoses. ICD-10 implementation and clinical documentation challenges will be addressed.
- 4:30 – 6:00 p.m. **Preservation of the Good Hands: A “Free 10-Point Examination” of Allstate v. Plambeck et.al**
Presenter: *G. Steven Baer, DC*
Description: This course will reflect on the process and outcome of a recent Federal RICO trial in Dallas, Texas. A review of the case process from the inception of the suit through verdict and judgment will be discussed. The methodologies of case review and reporting will be revealed. The anatomy of the deposition and court preparation will be featured, as well as the recounting of the plaintiff and defense council interactions.
- 6:30 – 8:00 p.m. **Social Hour with Appetizers**

Saturday October 12, 2013

- 7:00 – 8:00 a.m. **Full Breakfast Buffet Provided for Conference Attendees**
- 8:00 – 10:00 a.m. **Case Complexity/Evidence-informed Payment System (EEP)**
Presenter: *Thomas Kosloff, DC*
Description: This presentation is designed to describe a framework for assessing the case complexities of common musculoskeletal disorders and its integration into a payment system intended to improve the quality and efficiency of health care. Drawing on empirical research and actuarial data – the *Evidence-informed Episodic Payment* system (EEP) – uses a “mixed-methods approach to classify patients into categories of case complexity. This approach considers patient-specific characteristics in the context of a systematic analysis that informs clinical judgment. The EEP framework includes process steps for determining case complexity as a component of utilization review (UR) decisions. The reimbursement methodology is intended to equitably compensate providers based on the health status of their patients. Feedback from participants will be useful to further developing this model.
- 10:00 – 12:00 a.m. **Examining Barriers and Solutions for Adoption of Evidence Based Medicine in Clinical Practice**
Presenter: *Anthony Delitto, PhD, PT*
Description: Improved efficiency, optimizing outcomes and greater cost-effectiveness have long been a central tenant of evidence-based practice (EBP), yet we continue to see adherence to EBP-based practice standards lagging in practice assessments from virtually all professions. With health care costs increasing at exorbitant rates and health care reform initiatives on the horizon, we can count on increased pressure to more precisely articulate the value of physical therapy and chiropractic care in a health care system. It would appear that implementing EBP practice standards and documenting subsequent cost-effectiveness improvements should assist either profession's goal of defining value, yet there appear to be substantial barriers to such strategies. Using specific examples relevant to our experience with an integrated payer, this lecture will review barriers to implementing EBP-practice standards and offer solutions to such barriers that should resonate with calls for health care reform. Cost-savings from various initiatives will also be presented.
- 12:00 – 1:00 p.m. **Lunch Provided to Conference Attendees**

Saturday October 12, 2013 continued

1:00 – 3:00 p.m. A View of Outcomes Assessment for the Clinical Case Reviewer

Presenter: *Steven Yeomans, DC*

Description: Utilization of valid outcome assessment processes in clinical practice is now expected, however the adoption and appropriate use of common instruments remains problematic. This presentation will review various treatment outcome assessment tools that are commonly available, valid, and easily administered in the clinical setting. This will include interpreting specific outcome measurements and a discussion of minimal clinical significant change vs. minimal detectable change. Correlation of certain instruments with the patient's global impression of change will also be addressed. Using information derived from outcome assessment tools in the context of treatment preauthorization, treatment plan allowances and determining maximal medical improvement will be reviewed.

3:00 – 4:00 p.m. Cross Fit and Chiropractic

Presenter: *Craig Nelson, MS, DC*

Description: In just a few years CrossFit has grown from a handful of facilities to over 5000 affiliate gyms in the United States. This presentation will examine the fitness movement in the context of CrossFit and how it intersects with the chiropractic profession. Known for its high intensity workouts the presentation will examine the specific movements and fitness modalities that are characteristic of CrossFit. Other issues examined include:

- Is CrossFit likely to produce injury?
- How to consider CrossFit in the context of a personal injury case.
- Should you recommend CrossFit to your patients?
- Can CrossFit be used as a rehabilitation resource?
- Is CrossFit a good option for your own fitness goals.
- Is it possible to integrate CrossFit into a chiropractic practice?

*8 hours of continuing education for the Thursday morning/afternoon program***, 2.5 hours for the Thursday evening session, and 16 hours for the main conference program on Friday and Saturday applied for in most states. Total available hours for all three days 26.5. Continuation education credits applied for by National University of Health Sciences, 200 E. Roosevelt, Lombard IL, 60148.*

* The Council on Forensic Sciences is a recognized Council of the American Chiropractic Association

** Thursday evening, and Friday and Saturday program qualifies for 18.5 hours toward ABCC, and 18.5 hours toward ABFP diplomate re-certification hours.

*** See separate flyer for details of an additional 8 hour program/workshop on Thursday morning and afternoon October 10 that is available **free to doctors registered for the main conference**. This program focus is shoulder rehabilitation in the context of the chiropractic encounter, and is co-sponsored by National Chiropractic Mutual Insurance Co. (NCMIC). Full-time NCMIC insured D.C.'s get a yearly 5% premium discount for three consecutive policy years for attending this 8 hour course.

Conference Speakers:

G. Steven Baer, DC
S. Steven Baker, DC
Brian Bond, MS, DC
Daniel Bowerman, DC
John Cerf, DC
Anthony Delitto, PhD, PT
Harry Morgan, DC
Clay Hopkins, DC
Betty Hovey, CPC
Thomas Kosloff, DC
Craig Nelson, DC, MS
Pamela Warren, PhD
Steven Yeomans, DC



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***26.5 Hours of Continuing Education Applied
For By National University of Health Sciences***

