# THE AMERICAN COLLEGE OF CHIROPRACTIC CONSULTANTS and THE COUNCIL ON FORENSIC SCIENCES\*



Present for Re-certification \*\* 2014 Annual Fall Conference



# Knowledge and Skill Building for the Chiropractic Expert

October 9, 10, 11, 2014

Oak Brook Hills Resort Hotel 3500 Midwest Rd., Oak Brook, IL 60523 Phone: 630-850-5555

## Thursday Evening October 9, 2014 - For Early Arrivals

6:30 to 9:00 p.m. Clinical Case Review of the Rehabilitation Pathway

Presenter: Sean Mathers, DC, DPT and Leanne Cupon, DC

**Description:** This program will combine didactic presentations with an interactive discussion of the clinical case review process where the focus of treatment is extended use of rehabilitative procedures and modalities for musculoskeletal conditions. CPT coding for physical rehabilitation activities will be detailed. Review of appropriate and inappropriate approaches to management and reporting will be presented. This will include non-operative, pre-operative and post-operative treatment protocols for common conditions of the extremities and spine. Bring your complex rehabilitation cases and questions for discussion.

# Friday, October 10, 2014 Main conference Begins

7:00 – 8:00 a.m. Registration and Full Breakfast Buffet Provided to Conference Attendees

8:00 – 10:00 a.m. Chronic Pain: Implications for the Chiropractic Specialist

Presenter: James Lehman, DC, MBA

**Description:** This educational session will employ active learning strategies for the evaluation of chronic pain and neuromusculoskeletal conditions. The doctors will receive a didactic presentation, complemented by engaged learning tasks designed to enhance the doctors' active pursuit of knowledge and competence regarding chronic pain and the implication for the chiropractic specialist.

- impacts of chronic pain on patients and the health care system
- differentiation of acute and chronic pain characteristics
- understanding the necessity of timely and appropriate evaluation by the chiropractic specialist in order to reduce use of opioids and avoid medical errors
- identification of painful tissues through careful assessment and thoughtful use of neuromusculoskeletal testing, and document the findings of a patient with chronic pain.

10:00 – 12:00 p.m. Have Clinical Practice Guidelines Become the New Standard of Care?

Presenter: Warren Jahn, DC, MPS and William Tellin, DC

**Description:** Clinical Practice Guidelines (CPGs) set forth practice parameters that may or may not apply to a fact-specific case in litigation. This case presentation will discuss how a PRO did not establish written criteria to be used as required by state code and why listing recognizable publication and journal articles as "accepted professional sources" within the chiropractic profession were not "fact-specific" to the case and did not support the "expert's" clinical opinion to a reasonable degree of chiropractic certainty. A process for more accurately choosing and applying CPGs and other referential information to the clinical case review will be discussed. Upgrade your knowledge, education and training with these types of CPG cases and fine tune your expert skill sets and written opinions.

12:00 – 1:00 p.m. Lunch Provided to Conference Attendees

#### Friday, October 10, 2014 (Continued)

1:00 – 2:30 p.m. Examining the peer review process; a case study of medical necessity, standards of care and permanent impairment rationalization

Presenter: Justin Mitchell, DC, and Daniel Roode, DC

**Description:** In this presentation, a review of a personal injury case will be discussed including the process by which an insurer's use of independent medical examiners resulted in unsupported statements about the medical standards of care and sustained injuries. The topic of standard of care, clinical decision making, ethical boundaries and permanent impairment are the key points. This presentation addresses questions of physician bias and inappropriate motivation that can arise during the independent examination and medical opinion formulation.

2:30 – 4:30 p.m. Personal Injury Clinical Case Work-up and Documentation Errors/Omissions

Presenter: Scott Tauber, DC

**Description**: This presentation will address some of the more common clinical case work-up and documentation weaknesses by the treating physician managing a personal injury case. This will include a discussion of: causation analysis, diagnosis and outcome assessments, treatment gaps and delays, and treatment note errors. It will also address the ramifications of these clinical documentation issues in the medico-legal setting. The program will also include how to identify these weaknesses using sample documentation from actual cases. The presentation will also address why providers continue to make these critical errors and omissions and possible solutions.

4:30 – 6:00 p.m. Managing the Personal Injury Case the Appropriately Start to Finish

Presenter: Harold Ehrenberg, DC, JD

**Description:** This presentation will explore the chiropractor's role in personal injury cases. This will include a discussion of clinical case documentation and co-management of patients with other healthcare providers. A focus of the discussion will be report writing and what chiropractors do that helps cases get settled appropriately for fair value and what they do to sabotage this process ultimately decreasing the value of a claim. The presentation will include the effect defense medical examinations have on personal injury cases.

6:30 – 8:00 p.m. **Social Hour with Appetizers** 

#### Saturday October 11, 2014

7:00 - 8:00 a.m. Full Breakfast Buffet Provided for Conference Attendees

8:00 – 9:30 a.m. Community Wide Implementation of a Value Driven Spine Care Pathway: An Evolving Model

Presenter: Brian Justice, DC

**Description**: Excellus BlueCross BlueShield is developing a best-evidence Spine Care Pathway, with hopes of deeply engaging all stakeholders (patients, providers, payers, employers) in the optimal detection, care and prevention of spine related disorders. The concept of "Primary Spine Practitioner" and the training of DC's and PT's to fill this role will be outlined. A unique Pathway training program for PCP's, emphasizing the importance of "first touch provider" for spine related conditions will also be discussed. The future of spine registries and community based education in this model will be explored. The program goals: develop a value based system, decrease variation of all spine care providers, improve 'front end' efficiencies, and meet the triple aim of CMS (improved outcome, cost and patient experience)

9:30 – 10:30 a.m. A Comparison of Chiropractic Manipulation Methods and Usual Medical Care for Low Back Pain: A Randomized Controlled Clinical Trial

Presenter: Michael Schneider, DC, PhD

**Description**: Manual and mechanical manipulation (Activator) are the two most common methods of spinal manipulation used by chiropractors, but there is insufficient evidence regarding their comparative effectiveness. Side posture manipulation, mechanical (Activator) manipulation and usual medical care for acute LBP was compared and results will be presented including clinically relevant changes between groups, and implications for selecting treatment approaches in the clinical setting.

#### Saturday October 11, 2014 continued

#### 10:30 - 12:00 a.m. Development, benefits, and application of Clinical Practice Guidelines

Presenter: Andre Bussieres, DC, PhD

**Description:** Clinical Practice Guidelines (CPGs) have been widely disseminated and shown to improve outcomes when appropriately utilized by healthcare professionals. The learning objectives for this session are:

- Describe important characteristics of clinical practice guidelines and their role in Evidence Informed Practice (EIP), including strengths and limitations
- Discuss the benefits of using clinical practice guidelines to inform clinical decision making. Are they effective?
- Describe the methodological approach to developing clinical practice guidelines
- Present some of the better quality guidelines in the field of physical medicine/chiropractic practice
- Describe potential barriers to applying clinical practice guidelines in practice and potential solutions
- Describe the evolution of the Canadian Chiropractic Guideline Initiative (CCGI) and it's implication for clinicians, patients, and the chiropractic profession
- Be familiar with resources for staying up to date (e.g. new CCGI website)

#### 12:00 – 1:00 p.m. Lunch Provided to Conference Attendees

## 1:00 – 2:30 p.m. The McKenzie Method of Mechanical Diagnosis and Therapy

Presenter: Jonathan Soltys, DC

**Description**: A growing number of chiropractors are formally studying and applying the McKenzie methods in practice, and a fundamental understanding of this system of diagnosis and therapy is now necessary for the clinical case reviewer. Following completion of this lecture, program attendees will have introductory knowledge of:

- the McKenzie Institute and McKenzie Method® of Mechanical Diagnosis and Therapy®
- indications for the use of McKenzie Method
- the importance of patient assessment & syndrome classification
- determining directional preference and progression of forces
- centralization versus peripheralization
- the Official Disability Guidelines (ODG) & the inclusion of McKenzie Method
- current literature supporting directional preference & end-range loading
- CPT coding and compliance as it applies to McKenzie Method

#### 2:30 – 3:45 p.m. Training the Chiropractic Neuromusculoskeletal Medicine Specialist

Presenter: James Lehman, DC, MBA

**Description:** This presentation will introduce the doctors to healthcare reform and its impact on the chiropractic profession. Discussion will focus on the Affordable Care Act, the National Prevention Strategy and the subsequent need for the training and credentialing of chiropractic orthopedists with a subspecialty in neuromusculoskeletal medicine. An explanation of an innovative, 1000-hour post grad program in chiropractic orthopedics and neuromusculoskeletal medicine, meeting the core educational requirements for the CFS, ACO and ABCC, will be presented for consideration by the attendees

8 hours of continuing education for the Thursday morning/afternoon program\*\*\*, 2.5 hours for the Thursday evening session, and 16 hours for the main conference program on Friday and Saturday applied for in most states. Total available hours for all three days 26.5. Continuation education credits applied for by National University of Health Sciences, 200 E. Roosevelt, Lombard IL, 60148.

- \* The Council on Forensic Sciences (<a href="http://www.forensic-sciences.org/">http://www.forensic-sciences.org/</a>) is a recognized Council of the American Chiropractic Association
- \*\* Thursday evening, and Friday and Saturday program qualifies for 18.5 hours toward ABCC, and 18.5 hours toward ABFP diplomate re-certification hours.
- \*\*\* See separate flyer for details of an additional 8 hour CE workshop on Thursday morning and afternoon October 9 that is available *free to doctors registered for the main conference*. This program focus is clinical evidence assessment for the practicing chiropractor, and is co-sponsored by National Chiropractic Mutual Insurance Co. (NCMIC). Full-time NCMIC insured DC's get a yearly 5% premium discount for three consecutive policy years for attending this 8 hour course.

#### Conference Speakers:

Leeanne Cupon, DC
André Bussières, DC, PhD
Michael Schneider, DC, PhD
Brian Justice, DC
James Lehman, DC, MBA
Jonathan Soltys, DC
Sean Mathers, DC, DPT
Warren Jahn, DC, MPS
Scott Tauber, DC
Justin Mitchell, DC
Daniel Roode, DC
Harold Ehrenberg, DC, JD
William Tellin, DC



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# 26.5 Hours of Continuing Education Applied For By National University of Health Sciences

