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Coding Guidance

CPT® Procedure Code 97112, Neuromuscular Reeducation

Introduction:

Question: *Is it appropriate to report code 97110 for post-isometric relaxation (PIR) technique?*

Answer: Yes, it is appropriate to report code 97110, Therapeutic procedure, 1 or more areas, each 15 minutes; therapeutic exercises to develop strength and endurance, range of motion and flexibility, for this therapeutic exercise technique.

Medicine: Physical Medicine and Rehabilitation, December 2017, p. 14

Definition:

CPT® 97112: *Therapeutic procedure, one or more areas, each 15 minutes; Neuromuscular reeducation of movement, balance, coordination, kinesthetic sense, posture, and/or proprioception for sitting and/or standing activities.* Examples include Proprioceptive Neuromuscular Facilitation (PNF), Feldenkreis, Bobath, BAP's Boards, and desensitization techniques.¹

CPT 97112 is a time-based procedure that requires direct one-on-one contact between a patient and provider or other qualified health care professional (QHP) (i.e., therapist). This means that the provider or QHP must maintain visual, verbal, and/or manual contact with the patient throughout the procedure.²

NOTE: Practices have the responsibility to verify local laws to determine any applicable guidelines regarding delegation of services to assistants performing these types of services.

Application:

If a provider is performing therapeutic procedures, such as neuromuscular reeducation, in a group of two or more individuals, only CPT® code 97150 should be reported. Time and/or the number of therapeutic procedures is not defined in this code. Two or more individuals constitute a "group." If this procedure is performed with two or more individuals, then report 97150 only. Do NOT code the specific type of therapy in addition to the group therapy code.³ If supervised group therapy was provided but preceded or followed by a separate procedure to an individual (i.e. in a time frame distinct from the group service) a -59 modifier may be used for that separate procedure. Documentation must support that the group therapy and the therapeutic procedure were performed during separate time intervals.⁴

CPT® Procedure Code 97112 *Neuromuscular reeducation*, does NOT describe chiropractic manipulative treatment (CMT) and the services are not mutually exclusive. CMT is described by codes 98940, 98941, 98942, and 98943. From a CPT® coding perspective, in certain circumstances it may be appropriate to report CMT procedures and CPT® code 97112 on the same date of service.⁵

¹ *CPT Assistant*: Summer 1995, page 5

² *CPT Assistant*: December 1999, page 11

³ *CPT Assistant*: August 2006, page 11

⁴ Medicare Carriers Manual, Part 3 – Claims Process. Transmittal 1753. May 17, 2002. <https://www.cms.gov/Regulations-and-Guidance/Guidance/Transmittals/downloads/r1753b3.pdf>. Accessed May 17, 2018.

⁵ *CPT Assistant*: May 2010, page 9