

Attachment 1

UPDATE 2008

Benefit Changes—Applicable to Standard Network Plans Only

The following benefit changes apply to all **Standard Network** plans only.

- HMO Premium
- HMO Value
- HMO Basic (20)
- HMO Basic (25)
- HMO Basic (35)
- HMO Basic (50)
- Advantage (1000) HMO
- Advantage (2000) HMO
- Advantage PPO

Spinal Manipulation (Chiropractic Care) No Longer Covered for Children

Effective April 1, 2008, we exclude all spinal manipulation (generally performed by chiropractors) for members age 12 and under. This is consistent with the American Academy of Pediatrics resolution indicating this type of treatment is unsafe for children.

Prior Authorization Required for Psychological Testing at the Out-of-Network Benefit Level

Effective January 1, 2008, for members of PPO plans, we require prior authorization for psychological testing for both in-network and out-of-network providers. This means that even if a member chooses to use the out-of-network benefit level, prior authorization for these services will still be required in order to receive coverage.

New Exclusions Effective April 1, 2008—Applicable to all Standard Network and Select Network plans

These changes apply to all Standard Network plans (listed above), as well as Select Network plans:

- HMO Select 20
- Advantage Select 750
- Advantage Select 2000

For plans with a pharmacy benefit, we no longer cover drug products that are co-packaged with supplements.

All alternative, holistic, naturopathic, and/or functional health medicine services, supplies or procedures, and all services, procedures, labs, and supplements associated with this type of medicine are not covered.

Any service, supply, or procedure performed in a non-conventional setting (including, but not limited to, spas, therapeutic programs, camps, and clinics) is not covered.

For PPO plans only, non-emergency care provided outside of the United States are not covered.

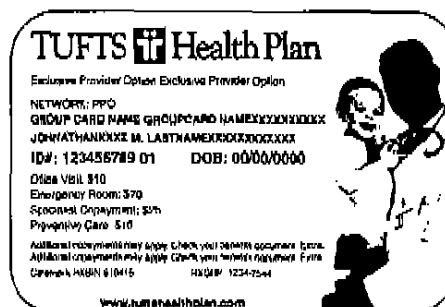
New Member Identification Cards on the Way

Tufts Health Plan will issue new ID cards to all members for your renewal on April 1, 2008.

The cards will incorporate a new, improved look with family-friendly images, as well as a new material called Teslin[®] that allows us to reduce costs on production and postage. In addition, due to the laser printing technique, the ink on these cards will not chip or scratch.

After a thorough analysis, some changes have been made to the card's content.

- The magnetic strip has been removed, since it is not widely used by providers
- Tufts Health Plan's Web site appears prominently on the front of the card



Please note that if a member requests an ID card prior to April 1, he/she will receive the newly formatted card.