Low Back Pain: 
Prescribed Medications vs. Spinal Manipulation

56% of medical care recipients had a 30% reduction in low back pain at week 4.

Patients should be informed of nonpharmacological therapies for low back pain before using riskier, less effective treatments. Manual-thrust manipulation, performed by chiropractic physicians, achieves a greater short-term reduction in pain compared with common medical treatments.

94% of manual-thrust manipulation recipients had a 30% reduction in low back pain at week 4.